

Disability no barrier to show

In its 25th year, Stepney-based No Strings Attached Theatre of Disability stages the Australian premiere of *I Forgot to Remember to Forget*, a sell-out of Singapore's 2018 True Colours Festival. Performer **Kathryn Hall** talks about her role.

My name is Kathryn Hall. I am 33 years old and I have cerebral palsy – specifically ataxic cerebral palsy.

It affects my balance and co-ordination, so I have to work really hard on maintaining my physical fitness.

Not much fazes me, although I have a lot of trouble with my memory.

I began performing with No Strings Attached Theatre of Disability in 2009.

I joined because I wanted to be able to interact with others, and challenge myself creatively.

For the past two and a half years, I have been working on *I Forgot to Remember to For-*

get. When artistic director Alirio Zavarce first approached me with the idea, I went out and bought a folder and a notebook.

Some of the opening lines are at the top of the first page of my notebook, which I wrote on our first day of rehearsal, when Alirio said, "Great, that is the opening of the show".

Memory is a funny thing. When you think about it, everything is a memory.

We have worked together to create a piece that explores memory and how it affects everyone differently. From what we remember to what we forget and memories that we have in common.

I have been particularly fo-



No Strings Attached artistic director Alirio Zavarce and performer Kathryn Hall. PICTURE: AAP/EMMA BRASIER

cused in the lead-up to the season.

My schedule is always in my phone, with reminders for what needs to be done and when I have to be certain places.

The world premiere in

Singapore was amazing, totally sold out, people wanted to sit anywhere just to see the show.

Now I am very excited about the Australian premiere – it is the first time I will perform at the Space Theatre, at

the Adelaide Festival Centre. It has been my dream as an actor, and I can't wait.

I Forgot to Remember to Forget, Space Theatre, July 3-6. Bookings at adelaidefestivalcentre.com.au

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